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Have a chat

If you are feeling a bit lonely and want to have a chat, please use the **Tunstall call system** and we will arrange for someone to call you.

Thank you for your lovely emails about this newsletter and your contributions.

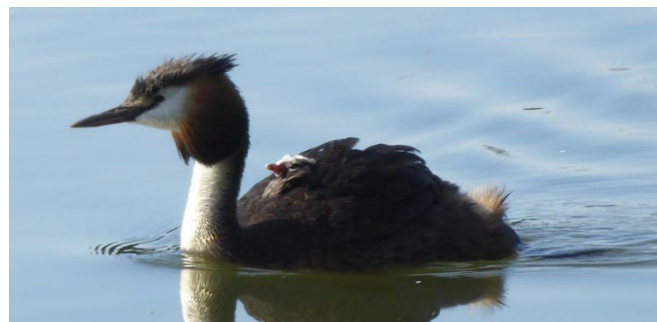
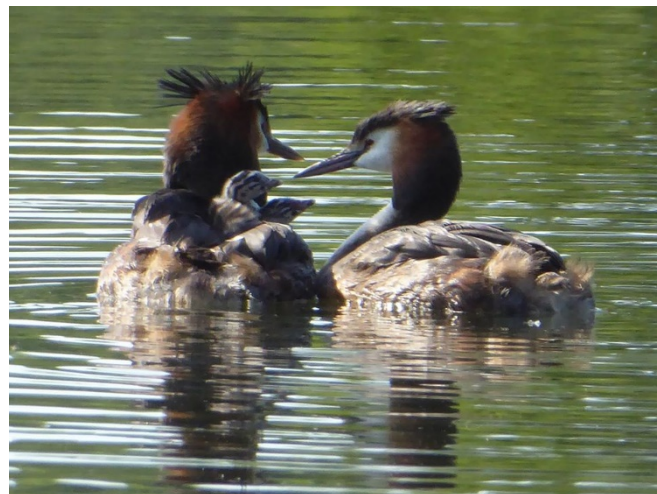
A weekly newsletter to bring our community together during these challenging times. Please send anything for this newsletter to denise.tucker@rockdale.org.uk or pass to Jean.

Rockdale



Some of our favourite birds often seen around Rockdale's gardens. These pictures have been taken by local photographer and taxi driver, Bob Bannister, in his own garden.

A Robin and Blue Tit fledgling enjoying the sunshine!



Grebes are diving water birds, feeding on small fish and aquatic invertebrates. The little grebe or 'Dabchick', as it is sometimes known, is our smallest grebe, about half the size of a moorhen. Grebes nest on floating platforms made up of waterweed.

Did you know?

When little grebe chicks are young, the parents will sometimes carry them on their backs.

Pictures taken at Haysden lake in Tonbridge this week.

Welcome to Claire Billis, Rockdale's new Head of Housing

We welcome Claire to Rockdale.

Claire is in her first week with us as our new Head of Housing and she will be working with Val over the next few weeks, before Val retires. Claire is looking forward to meeting you.



The letter to the right has been copied into the newsletter. It has been sent from Waitrose to you.

Fantastic that **you can shop in store** and have your shopping delivered to you any day of the week and they will deliver the day after you have been shopping!

Dear Rockdale resident

We are pleased to announce that we are increasing our 'shop in store and we deliver' service for Rockdale residents. There will be a few changes to the original service.

1. These will be that we now deliver any day of the week.
2. We now deliver the day after you have done your shopping.

Please be aware that to begin with we would advise that you book your slot as early as possible. This is to help with the high demand for our delivery service.

Our branch will continue to open for the first hour (7.30am- 8.30am) Mondays - Saturdays for our elderly/vulnerable shopping time in store and we will be keeping to social distancing rules.

If you have any questions our partners on the front desk will be happy to help.

Covid-19 update

Nothing has really changed around the lockdown and allowing visitors to homes, despite some of the easing.

It is good news that you can now meet up to 5 people in local parks and spaces, whilst complying with social distancing requirements.

Picture to the right, taken by Jean at Knole Park. Knole is a great walk from Rockdale. It is beautiful at the moment, with many foxgloves throughout the park.



Upper High Street Gardens in Sevenoaks (pictured to the left) is a small quiet public garden you can enjoy peacefully. You can find it by turning right out of Rockdale Road, keeping on the same side and it is along the path, also to your right. It is a local oasis of greenery and peace.

Always remember to wash hands thoroughly.

Residents' contributions

Get a Life

In the early days of my working life, and rather proud of my new career in the 'creative industries', I found myself at a smart drinks party. Introduced to the host's mother, she asked "And what do you do?" "I'm in advertising" "Really, how interesting. And tell me, what do you want to do when you grow up?"

Weapons of mass destruction

In the 1960s, when almost everything was banned in Ireland, we arrived from England at the Dun Laoghaire ferry terminal.

A stern customs officer peered in through the car window. "Have you any dangerous goods to declare? "What sort of things do you have in mind officer?" "Any high explosives or contraceptives?"



Picture taken by Jean, of Annie. **Making Sundays special and enjoying afternoon tea in the garden.**

Do you do something in the week to make one day special? If you have ideas you can share with others via this newsletter, please email denise.tucker@rockdale.org.uk

Birds Quiz

- | | |
|---------------------------|---------------------------|
| 1.Chess Piece | 11.Royal angler |
| 2.Live at Tower of London | 12.Cider |
| 3.Berkley Square singer | 13.Arthur Scargill |
| 4.Quick | 14.Margarine |
| 5.Chocolate biscuit | 15. Crossing |
| 6.Out of breath | 16.Go left or right |
| 7.mmmmmmm | 17.A cats alarm clock |
| 8.Wharf in London | 18.Worth 21 old shillings |
| 9.Designer of St Paul's | 19.This ones a squatter |
| 10.Hurt by teeth | 20.Sounds like Tintin! |

Quiz by Sybil

(Answers in next week's newsletter)

The answers to the Cryptic Towns Quiz from Issue 9

- | | |
|-------------|--------------|
| 1.Bath | 11.Stockport |
| 2.Dover | 12.Taunton |
| 3.Exeter | 13.Wrexham |
| 4.Folkstone | 14.Paisley |
| 5.Stoke | 15.Oxford |
| 6.Margate | 16.Leicester |
| 7.Coventry | 17.Holyhead |
| 8.Rugby | 18.York |
| 9.Lincoln | 19.Tenby |
| 10.Leek | 20.Doncaster |

Rockdale photography competition!

During the month of June, take some great shots in and around Rockdale with your phone or camera and send them to **denise.tucker@rockdale.org.uk** to be entered for our photography competition!

Winner receives £20 voucher for Waitrose.

At the end of June, the shortlisted shots will be printed in the newsletter for residents to vote for the winning shot.

Happy snapping!

We look forward to seeing your wonderful pictures.

Entries have started to be received.



Paying online

If residents would like to pay online any sundry invoices they receive from Rockdale (eg, for home help), please use the details below with reference, 'home help', etc.

Account Name: Rockdale Housing Association Ltd.
Account Number: 25848488
Sort Code: 60-19-02