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Have a chat

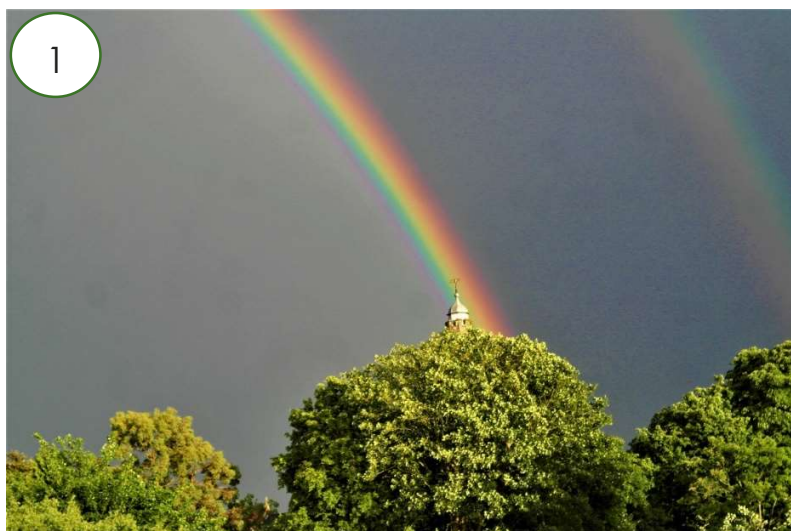
If you are feeling a bit lonely and want to have a chat, please use the **Tunstall call system** and we will arrange for someone to call you back.

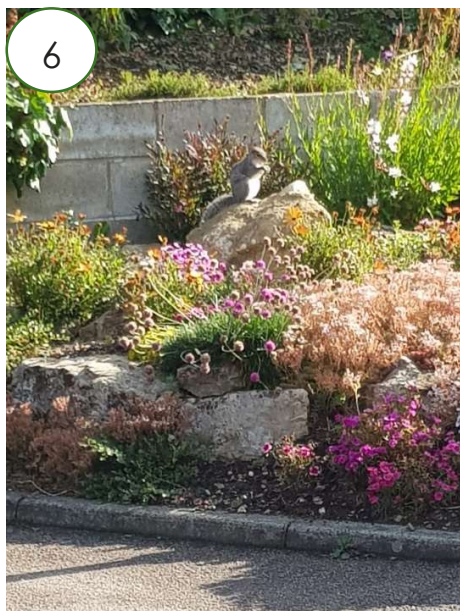
If you have any ideas how to help each other at this time, please let us know.

03/07/2020

Val retires today, Friday, 3rd July. If you see Val, do take the chance to say goodbye. It is a strange time to leave a place of work, especially having worked here for many years looking after Rockdale's residents. Val is one of our longest serving members of staff, starting here in lettings and moving up the career ladder to Housing Manager. There have been many changes during this time. It has been a pleasure working with Val and we know residents will miss her as much as we will. We wish Val happiness in her very well-earned retirement.

Rockdale





**** Common room/Pantry ****

There will be an update about the Common Room and Pantry in next week's newsletter.

Photography competition



Thank you for all your fantastic entries!

It is now time for you to decide the winner of the photography competition. Please email denise.tucker@rockdale.org.uk with the subject heading **'Photography competition'** and **the number of the photograph you think should win.**

The prize will be posted to the winner, who will be announced in next week's newsletter.



Fantastic patchwork

Christine Russell has produced this beautiful patchwork (left). The design is called 'Jacob's Ladder' and she has been busy making it for her friend's Grandson, who is due in October. Christine's friend chose the colours.

Venturing out in the sun

Hair band to tie down the wild mop.
Hearing aids for distance chat
earrings for glamour
Sun hat

Sun glasses
and to crown it all

Face Mask

All relying on ears to hold them up
I need some more ears !!

NHS Help!

Anon.

The Dean's Trifle

A favourite recipe of Derek's and his friends, is the Dean's Trifle.

It is easy to make and has a wonderful blend of flavours. Derek uses Amontillado medium dry sherry and VSOP brandy. The decoration is, of course, optional.

Serves 8

8 oblong sponge cakes (bought
in a packet)
Raspberry jam
Apricot jam
 $\frac{1}{4}$ lb (120 g) ratafia biscuits or
macaroons
 $1\frac{1}{4}$ cups (3 dl) sherry
 $2\frac{1}{2}$ cups (6 dl) double cream
4 tablespoons (60 g) castor
sugar
 $\frac{1}{2}$ cup brandy
angelica
 $\frac{3}{4}$ cup (120 g) glacé cherries
 $\frac{3}{4}$ cup (120 g) crystallized
pineapple

The Dean's Trifle

The Dean of Trinity College, Cambridge, in the late nineteenth century preferred this to any other trifle and insisted that it should appear on the High Table at all college feasts.

Cut the sponge cakes in half lengthways. Lightly spread 8 halves with raspberry jam and 8 with apricot jam. Arrange them in a very large glass or china bowl, jam sides upwards and piled two or three deep. Crumble the ratafias or macaroons and put them with the sponge cakes. Pour over the sherry and leave to soak for at least 20 minutes.

Whip the cream, sugar and brandy as for a solid syllabub. Pile over the wine and cake mixture and decorate with angelica, cherries and pineapple. Chill for at least 1 hour before serving.

Just one or two letters quiz

1. What letter is part of the human body
2. What letter is a beverage
3. What letter is a bird
4. What letter is a vegetable
5. What letter is an insect
6. What letter is a line of people
7. What letter is a Sheep
8. What letter is a large expanse of water
9. What letter is a question
10. What letter is a river in Britain
11. What 2 letters are the name of a creeping vine
12. What 2 letters make a word meaning too much
13. What 2 letters make a word meaning not too difficult
14. What 2 letters make a girls name
15. What 2 letters make a written composition
16. What 2 letters make a kind of pepper
17. What 2 letters make a word meaning to surpass
18. What 2 letters make a word meaning jealousy
19. What 2 letters make a word meaning shabby or unseemly appearance
20. What 2 letters are the condition on a wintry pavement

The answers to the More Foods Quiz from Issue 13

- | | |
|-----------------------|--------------------|
| 1. Stuffed Peppers | 11. Custard |
| 2. Lasagne | 12. Scampi |
| 3. Lemon Drizzle Cake | 13. Spare Ribs |
| 4. Pavlova | 14. Hot Cross Buns |
| 5. Toad in the Hole | 15. Plaice |
| 6. Jacket Potato | 16. Bakewell |
| 7. Hot Dog | 17. Shepherd's Pie |
| 8. Bacon | 18. Arctic Roll |
| 9. Brownies | 19. Croissants |
| 10. Nut Roast | 20. Spaghetti |

Apologies – we made it more difficult for you last week by using the wrong title for the quiz!

Quiz by Sybil

Answers in next week's newsletter

VJ Day

If you would like the Dove template emailed to you, please email denise.tucker@rockdale.org.uk

Drawing by Pat Savage



This newsletter was designed and produced by Charlotte Tucker, GCSE student