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**Newspaper delivery**

Garners News have taken over the newspaper delivery round to our residents, from Jenny's and would be happy to hear from you if you wanted this service. Please call them on **01323 465511**.

**Thank you for your lovely emails about this newsletter and your contributions.**

A weekly newsletter to bring our community together during these challenging times.

Please send anything for this newsletter to [denise.tucker@rockdale.org.uk](mailto:denise.tucker@rockdale.org.uk) or hand to Jean.

# Rockdale

## NATURE SECTION AND GOOD NEWS!

Akehurst Lane Gardens are looking beautiful, some pictures taken by Annette, Head Gardener, for you to enjoy this week. First rose of the year is out and what a beauty!



Waitrose  
**Community Matters**

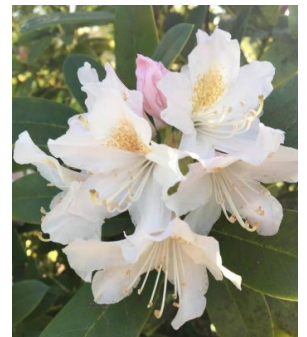
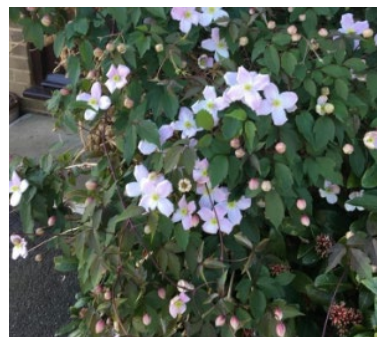
We support good causes.  
You decide who gets what.



**Good news! Waitrose Community Matters Scheme**

Waitrose, Sevenoaks donates £1000 each month which is divided between 3 organisations taking part. Rockdale is to receive a donation of £333 for the **gardening club!** This amount is because Waitrose are currently not using green tokens due to Coronavirus & the £1000 donation will be split equally into the 3 organisations taking part in June.

**Fantastic news for Rockdale!**



## UPDATE ON THE PEBBLE ART

The pebbles being hidden around Rockdale's gardens have been a great success.



This week, if you find a pebble, **please hide it again** for another person to find (and remember to wash your hands).

Sadie and Jude (Leanne's children) also found a big stone the other day which they have painted in bright colours with a statement and placed outside the main entrance of Beatrice Wilson!

Sadie and Jude have done a fantastic job with their pictures and pebble idea.

Thank you to both Sadie and Jude for all your amazing efforts!



A helpful reminder from the BBC ....

### Coronavirus: What you need to do



**Wash your hands**



**Use a tissue for coughs**



**Avoid touching your face**



## Residents' contributions

### LIVING RELAY

In this, the only world we know,  
as people come, people go.

Not one alive was living when  
Charles Dickens held a restless pen,  
yet, as a child, I met a man  
who'd known him. Such a living span  
takes only two: If six we link ....  
then Shakespeare dips a quill in ink.

If twenty one? Mohammed gives  
to scribes a screed, through which he  
lives.

Choose thirty... join the multitude  
for which Christ Jesus conjures food;  
on thirty six, with Plato feast;  
two more for sages of the East.

Count forty-three.....hear Homer tell  
the Trojan tale he'd heard as well.  
One hundred, say, .....salute the day  
when writing starts, with signs on clay.  
Two thousand, ..... and we're face to  
face with founders of the human race.

Yes, each has been and each has  
gone;

yet.....each a torch has handed on.

### Jokes and Riddles

What would you be doing if you were  
told to drodger, tie behind, stand?  
**(answer on back page).**

Women will never be equal to men,  
until they can walk down the street  
with a bald head and a Beer gut, and  
still think they are sexy.

You do not need a parachute to  
skydive. You only need a parachute to  
skydive twice.

John

### "The Rockdale Wave" MONDAYS AT 2pm.

Wave with your Neighbour! Stand at your window, stand at your door. Give a big wave to your neighbours and Staff!

A Summer Song & dance  
Thomas Moley

Now is the month of Maying  
When merry lads are playing  
fa la la la la la la la la  
fa la la la la la la la,  
Each with his bonny lass  
A dancing on the grass  
fa la la la la la la la la  
fa la la la la la la la

(Running steps & claps)

From 'claire' ex  
dancing pianist !!



I was sitting on one of our lovely benches recently  
Enjoying the sunshine, when a Waitrose van pulled  
up in front of Laurie House.

The driver, a young man, opened the rear door and  
climbed in. Unfortunately for him the door swung shut.  
I did wonder if he could open it from inside. I soon  
began to see his attempts to push the door open  
were very much in vain. Fortunate for him I had  
noticed his predicament and was able to open the  
door allowing him to emerge, somewhat sheepishly.

He was then able to proceed with his delivery. He  
waved to me as he drove away. I was left chuckling  
but very glad I was able to do my good deed for the  
day. Having been "in the right place  
....at the right time." Elizabeth

## Plants Quiz

- |                                |                                    |
|--------------------------------|------------------------------------|
| 1. Musical Instruments         | 11. Heavenly shade found in belfry |
| 2. Emblem of Wales             | 12. Straight laced girl's name     |
| 3. Part of the eye             | 13. Part of a watering can         |
| 4. Dear Boy                    | 14. Ingredient of blancmange       |
| 5. Large Bird and Bad Word     | 15. Heard in a cathedral city      |
| 6. Gilt Stick                  | 16. Wily creatures hand warmer     |
| 7. Ancient forms of punishment | 17. She's shrinking                |
| 8. Evaporated Milk             | 18. Fop and a wild animal          |
| 9. Hugging in the fog          | 19. An evergreen, part of a pig?   |
| 10. Wed carats                 | 20. Bovine error                   |

Weekly quiz kindly provided by Sybil G

(Answers in next week's newsletter)

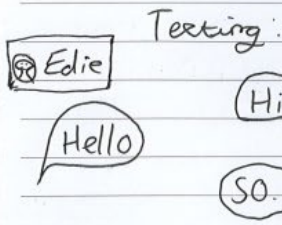
## Here are the answers to The Sweets and Chocolates Quiz from last week's newsletter.

- |                      |                    |
|----------------------|--------------------|
| 1. Mars Bars         | 11. Celebrations   |
| 2. Smarties          | 12. Picnic         |
| 3. Polos             | 13. Bounty         |
| 4. Roses             | 14. Candy Floss    |
| 5. Chocolate buttons | 15. Lion Bar       |
| 6. Jelly Babies      | 16. Quality Street |
| 7. Wispa             | 17. After Eights   |
| 8. Double Decker     | 18. All Gold       |
| 9. Twirl             | 19. Bounty         |
| 10. Humbug           | 20. Marathon       |

### Grandchild's lovely message to a resident about using WhatsApp to keep in touch

Dear Grandma Joy,

Today, I set up this thing called Whatsapp. It's where you can call people but also text them. And, you can video call when you can see their faces.



You can also have a group chat where there are 3+ in a group. Everything you text goes to everyone in the group. There is also something called

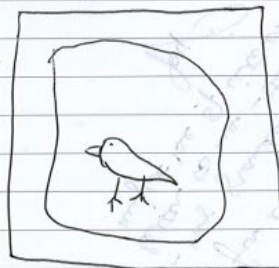
Group chat: a status where you can upload videos, photos and writing.

@ Laura's party

So, when is the cake being delivered?

Status: @ Edie

I don't know  
The bakery said 3:00



This goes to everyone in your contacts. Whatsapp is so I can video call my friends because I won't see them for a while.

Love you,  
Emilia

### Waitrose offer reminder

Waitrose is offering to shop for your essential items (up to £40 worth) and deliver them to your home on **Monday, Wednesday and Friday between 10:00-12:00 noon.**

Please see our website for more details, or a previous newsletter.

### Cheer for the NHS.

Show your support for everything they are doing to keep this country as safe as possible. **Every Thursday evening at 8pm. Clap your hands or beat your pans!**

### You can pay online

If residents would like to pay online any sundry invoices they receive from Rockdale (eg, for home help), please use the details below with reference, 'home help', etc.

Account Name: Rockdale Housing Association Ltd.

Account Number: 25848488

Sort Code: 60-19-02

This newsletter was designed and produced by Charlotte Tucker, GCSE student.

Answer: Bell ringing