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Have a chat

If you are feeling a bit lonely and want to have a chat, please use the **Tunstall call system** and we will arrange for someone to call you back.

The person who calls you back, may be a member of staff or a fellow resident.

Issue **Eight**

22/05/2020

Thank you for your lovely emails about this newsletter and your contributions.

A weekly newsletter to bring our community together during these challenging times. Please send anything for this newsletter to denise.tucker@rockdale.org.uk

Rockdale

Pictures of the garden kindly provided by Annette and picture of Knole Park courtesy of Jean.



Waitrose's wonderful and kind shopping offer has now come to an end. Please see the information below, which may be of help to you going forward.

Sevenoaks District Council

If you're a resident with a request for practical assistance such as shopping, posting letters, a friendly chat or picking up prescriptions visit sevenoaks.gov.uk/requesthelp or call Sevenoaks District Council 01732 227000 .All volunteers will be easily identifiable and will have a community volunteer identity lanyards issued by SDC.

New Head of Housing

Following a successful interview process we have recruited a new Head of Housing to take up the reins when Val Riches retires in July.

Claire Billis will be joining the team from 1st June. Claire is an experienced Housing Manager, having worked at a senior level for several large housing providers during her career, specialising in income, lettings and neighbourhood management where she has worked closely with vulnerable people.

We all look forward to welcoming Claire to the Rockdale team and she is looking forward to getting to know you all.



No Needle & Thread or Sewing Machine? 1. 2. 3. 4. 5.

How to make your own face mask with no needles:

- 1. Use a square scarf or a cut a large square out of a T-shirt (at least 20 inches by 20 inches).
- 2. Fold two sides of the square in to meet each other in the middle then fold this in half lengthwise. You should be left with a long rectangle with the edges sandwiched inside.
- 3. Grab two hair ties (or rubber bands) and pull one around each end of the long rectangle, roughly breaking the rectangle into thirds. (It should almost look like a candy wrapper.)
- 4. Fold each outside third of fabric into the center.
- 5. Pull the mask on by fitting the hair elastic around ears and making sure the end tails of fabric are against your face so the mask stays put.

Goddard's Pies can deliver pies, liquors and mash to your doorstep.

For more information, you can contact them by:

Email: sales@pieshop.co.uk Freephone: 0800 862 0400 Telephone: 01732 252525

Or fill out an enquiry form on their website: pieshop.co.uk

Haywards Farm shop are also doing deliveries of fruit and veg boxes

and meat boxes.

If you want more information, contact them by:

Email: info@haywardsfarmshop.co.uk

Telephone: 01732 850354

Or fill out an order form on their website:

haywardsfarmshop.co.uk

Sevenoaks Sounds

A few musical students from Sevenoaks School will kindly be providing an online concert each week! If you would like to see these, they will be added to our What's On page on our website (www.rockdale.org.uk). Just click on 'Sevenoaks Sounds – online short concert' and it will take you directly to their event. These will be added weekly on a Thursday until further notice.



Sevenoaks Sounds – online short concert

Sevenoaks Sounds – online short concert

Copies of residents' contributions (memories of Memories:	VE day)
I think my parents a myself.	Q salute
experienced a great deal of relief	——— Dou all
that all the hospities were over	the defenders
(especially that his more air raids &	of Great Britain you have made
VI's a V2's were likely to be dropped!	our Beloved country Great May this larich continue to
We had a factoric street party to	prosper prevermore
Celebrate and a neighbour produced a	<u>n</u>
iced age much to the delight of the	
young people (he being one -) The local	
nauspaper sent its photographer to take	My Memories:
photographs of a happy time - () still have	Thousands of ploble outside
	the Palace Very exciting 100
Ny Memories:	to Stay very close together stange ou
GOING TO A TEA PARTY ON THE	Easy to get 1 lost - took Honseholdages
CRICKET BROWNS AS GHTHAN WITH	Motherate by TRAIN from Lingball Swangy
MY MOTHER AND TWO SIETERS.	to Victoria. Walk to Buckingham Palose
MY FATHER WAS AWAY IN THE ARMY.	Amoging atmosphere
ON THE WAY DUT WE WERE	
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A WOODEN ORNAHENT IN THE SHAPE	Managed to got a TRAIN home My Memories:
OF A VICTORY Y MADE BY A	2 41
LOCAL CARPENTER MRTED LAWRENCE.	- Dancing in the Guldhal
me the three in the party to the	is Southampton. It had an
	0.

When V.E. day was announced I was living in the small village of Clifford, Yorks (located somewhere between Wetherby Racecourse and John Smith's Brewery, Tadcaster). The war affected us very little; we had rationing like everyone else and occasionally we saw squadrons of Halifax bombers heading off to Germany to drop bombs but I only remember hearing an air rai d siren once.

However huge celebrations were planned by every town, village and community to mark the ending of hostilities, not least Clifford, although the only function I remember attending was a great bonfire in the stable yard of the Star pub in Clifford High Street. Dozens of people attended, both old and young alike and there was much merriment. The village character, "Old Christie" who seemed a great age, lived alone, and wasn't entirely compos mentis insisted on singing "She was only a Bird in a Gilded Cage" and once someone had bought him a pint of beer in recognition of his efforts he went into repeat mode and sang it again several times. But the laughter and teasing that followed were all good natured - everyone was just so relieved that the war in Europe was over even though Japan had still to be dealt with.

Waterways Quiz

a ferry
2.Its the deepest ocean
3.Are there cosmetics in this river?
4.The smallest of the great lakes
5.The second largest ocean

1, In the song they cross it on

6.The one the disciples fished on7.Ask a question of this river8.Its reputed to have a

monster in it

9.The busiest waterway in the world

10.Could be a hat in a waterway?!

Weekly quiz kindly provided by Sybil G

(Answers in next week's newsletter)

11.Turning mast he makes it through the capital!

12.This number flows well in the UK

13.Is this ones water a dangerous colour?

14.It sounds as if the Queen takes a tumble

15. Has this one a musical flow?

16.Its at the beginning of a university city

17. Sounds as if this one is a rough woollen cloth

18.Twenty countries surround this sea

19.1 hear this area of water is not alive!

20.The line turned direction as it flowed

Here are the answers to the 'Shops Quiz' from Issue 7

1.lceland	11.Burger King
2.Boots	12.Currys
3.Next	13.P C World
4.Specsavers	14.Top Shop
5.Bodyshop	15.Waitrose
6.Superdrug	16.Habitat
7.Clintons	17.Monsoon
8.Mcdonalds	18.Selfridges
9.Homebase	19.M&S
10.B&Q	20. W H Smith



Lovely offer from local historian, Matthew Ball

We have received a provisional offer from one of our local historians Matthew Ball to provide a zoom call to residents, to discuss topics such as around Sevenoaks during the war(s), or basic genealogy; or around the postcard collection he has.

If this is of interest to you, please email denise.tucker@rockdale.org.uk and we will put you in touch with Matthew.

Cheer for the NHS

Show your support for everything they are doing to keep this country as safe as possible. **Every Thursday evening at 8pm. Clap your hands or beat your pans!**

"The Rockdale Wave" MONDAYS AT 2pm.

Wave with your Neighbour! Stand at your window, stand at your door.

Give a big wave to your neighbours and Staff!

You can pay online

If residents would like to pay online any sundry invoices they receive from Rockdale (eg, for home help), please use the details below with reference, 'home help', etc.

Account Name: Rockdale Housing

Association Ltd.

Account Number: 25848488

Sort Code: 60-19-02



This newsletter was designed and produced by Charlotte Tucker, GCSE student