

- Poem and fun
- Puzzles by Anya
- Art contributions

Please keep sending your art, poems, information, pictures, recipes and anything to share with other residents via this newsletter.

These can be posted into The Lodge for Denise Tucker, or emailed to denise.tucker@rockdale.org.uk

Issue

Nineteen

21/08/2020

Thank you for your lovely emails about this newsletter and your contributions.

A fortnightly newsletter to bring our community together during these challenging times. Please send anything for this newsletter to denise.tucker@rockdale.org.uk or post to The Lodge, labelled 'For Newsletter'.

Rockdale

Facebook

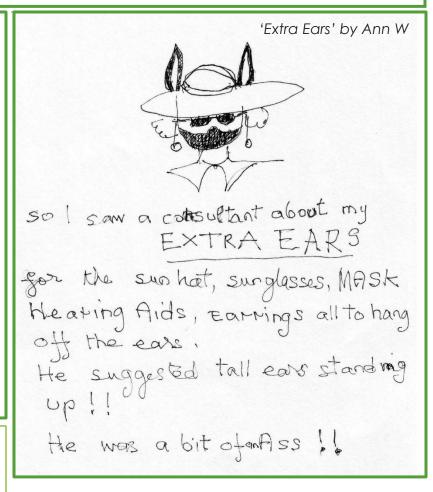
The Lodge

The writer of 'Ode to Technology', Ann Brook-Rowe, presents another poem to you, 'Update on Corona'. Ann is the sister of Rockdale's resident, Judith Davies, whose painting is included on page 3. Another great poem by Ann will be included in the next Issue.

UPDATE ON CORONA

The first of the items to take the toll Was where to purchase a toilet roll. Next of the items was where to buy flour. People despaired and queued by the hour. Other items that seemed somewhat thin Were pasta and cleansers and things in a tin. But now we can buy whatever we like. We can go to the shops, maybe buy a bike! Moreover, I don't know what you all think, We can go to the pubs and order a drink. And now there's another wonderful treat-Our friends and families we now can all meet. But what is the number we'd all like to know. Is it six, maybe ten or a number below? A guidance from Boris is what we all need Or somebody, somewhere to take up the lead.

For up-to-date rules about Covid, please see https://www.gov.uk/coronavirus



The 'Puzzle Page' provided by student volunteer, Anya

Hi, I hope that you enjoy this puzzle page. Look out for more and the answers in future newsletters. If you can crack both my riddles, the 9-letter word and the sudoku, a winner will be drawn out of a hat and a small prize be awarded. Please write your answers on this page, cut it out and post it into the Lodge with your name on marked 'Puzzle Page answers'.

Sudoku

Can you fill out the grid below so that each row, column and square (9 squares each) is filled with the numbers 1-9, without repeating any numbers within the row, column or square?

		3		9		5		
			8		5			
	9		2		7		8	
9				6				3
8	2	1				6	4	9
4				1				2
	4		6		9		7	
			5		4			
		9		7		4		

The Word Wheel

Use all the letters in the wheel to make as many words as you can with three of more letters. The only rule is that every word you make must include the letter in the middle (in this case "U"). Give yourself 5 minutes and see how many you can find.

Can you decipher the 9-letter word?



Riddle time

A box without hinges, a key, or a lid, yet golden treasure is hidden inside. I can only live where there is light, but if the light shines on me I will die.

What am I?

Residents' fantastic art contributions





Parts of the body Quiz

	1		Α	type	of	tree	Э
--	---	--	---	------	----	------	---

2. A flower

3. A large box or chest 13. A language

4. A fish

5. A place of worship 15. A river crossing

6. Impudence

7. There's none in nature

8. Part of a river

9. To cure

10.To whip

11.A measurement

12. Weapons

14. Fruit of the rose

16.Teases

17. A fast moorland animal

18. A young deer

19. Listen to musical instrument

20. Carpenters use them.

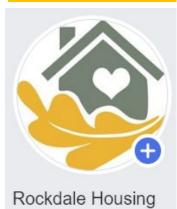
Answers to A bit Fishy Quiz from issue 18:

1.	Cod	11. Herring
2.	Shark	12.Pike
3.	Perch	13.Mussels
4.	Swordfish	14.Bass
5.	Flounder	15. Whales
6.	Octopus	16.Brill
7.	Sole	17.Crab
8.	Plaice	18.Limpet
9.	Skate	19.Prawn
10	.Carp	20. Cuttlefish

Quiz by Sybil (answers in the next newsletter)

You can also follow news for our external audience on our Facebook page at:

www.facebook.com **RHASevenoaks**



Association @RHA Sevenoaks Residents at Rockdale House enjoyed a 'Wimbledon tea' with jam and cream scones, whilst watching last year's ladies and men's finals.

Earlier in the day, a few residents played a game of balloon tennis. Strawberries and cream were served at lunchtime and residents helped to make green and purple bunting, to decorate the lounge with. A lovely day enjoyed by all.



The Lodge Reception opening hours:

WEDNESDAY: 10am - 1pm THURSDAY: 10am - 1pm FRIDAY: 10am - 1pm