

in this issue >>>

- Residents' contributions
- An invitation!
- Puzzles by Anya
- Sybil's quiz
- Notices

Thank you for your suggestions and feedback on the name choices for this in-house fortnightly newsletter.

'Rockdale Life' it is!

1/10/2020

Thank you for your lovely emails about this in-house newsletter and your contributions to it.

This is a fortnightly newsletter to bring our community together. Please send anything for this newsletter to denise.tucker@rockdale.org.uk or post to The Lodge, labelled 'For Newsletter'. The material you send for the newsletter is very much appreciated – thank you.

ROCKDALE Life

YES I HAVE SEEN HER!

You mustn't be worried Janet, because your strange old lady has also been visiting me lately. I can't ever really see or hear her, but I know she's in and out of my flat quite frequently and doing all those things you mentioned. I try not to be too cross with her because when I see her and smile, she always smiles back at me!!

I think I may have lost my marbles recently, perhaps the old girl will find them for me??

(Provided by W.)



Another beautiful illustration influenced from around our Rockdale gardens.

Do you know where this is?

These are very much enjoyed and appreciated.

Thank you.

An invitation and contributions!

To Residents of Rockdale - Invitation from your Seniors Forum - Free tickets to 'The Greatest Showman'. Stag Cinema, Silver Sunday, 4 October 2020 at 15.30 for 16.00

You are most welcome to join us for our Silver Sunday celebration.

Cinemas have now reopened and we have been able to reserve multiple seats at the Stag Cinema Sevenoaks for 'The Greatest Showman' at 15.30 for 16.00 on Silver Sunday, 4 October. The film has had great reviews and appeals to all ages.

The Stag cinema is Covid safe and complies with all government guidelines. Kindly note we will need to wear face coverings (unless exempt) and observe social distancing. Unfortunately, we have had to forego any ideas of socialising over a glass of vino or a cuppa, but we will hopefully make up for that next year.

To book a place, please call our Social Team on 01959 523379 or send an email to comms@sdsaf.org.uk and we will then give you a booking number (we won't be sending out tickets). **Numbers will be limited so it's first come, first served.** You are welcome to come alone or to bring a member of your household bubble.

Although the tickets are free of charge (thanks to funding we have received) we ask you to make payment by extending an act of kindness to someone in your neighbourhood. We also ask you to let us know if you have booked a seat and then can't come so that someone else can enjoy this uplifting film.

Further activities for Silver week can be found in our current newsletter using the following link <https://tinyurl.com/y3355r9k>. It can also be found under the newsletter heading on our website www.sdsaf.org.uk



Thank you!

Rockdale Residents

for your fantastic donation of

£20.00

Your wonderful support makes a real difference to children affected by hair loss and also helps fund vital research into childhood cancers



Harvest Hymn October
2020. Twenty - or

Come ye thankful people come
Raise the Song of Harvest-home
All is safely gathered in
Ere the winter storms begin,
God our maker doth provide
For our wants to be supplied
Come to Gods own Temple, come
Raise the Song of Harvest-home
A lovely Song and reminder
of my musical accompanying
days long ago. Clare S
Traditional tune - Scots of
Praise. (more verses!)

Puzzles by volunteer, Anya

I hope you enjoyed the last puzzle page, here are some more brainteasers for you.

Logic puzzle – the thief and the scale

You have a fox, a chicken, and a bag of grain that you need to take to the other side of a river. There is a boat, but it can only carry you and one other item. If the fox is left alone with the chicken, it will eat it and the chicken will eat the grain if left alone with it. How do you transport the fox, the chicken, and the grain safely to the other side? How many ways are there of doing this?

The Word Wheel

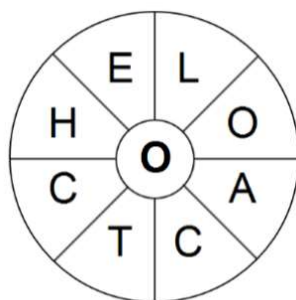
Use all the letters in the wheel to make as many words as you can with three or more letters. The only rule is that every word you make must include the letter in the middle. Give yourself 5 minutes and see how many you can find.

Can you find the 9-letter word?

Last week's answers

Word wheel: **transport** is the 9-letter word

Riddle: Your left hand



Sudoku answer

2	8	1	9	4	5	7	6	3
5	3	7	6	2	1	4	9	8
6	9	4	3	8	7	2	1	5
3	2	6	5	7	9	1	8	4
8	7	5	4	1	2	9	3	6
4	1	9	8	6	3	5	7	2
7	6	8	2	9	4	3	5	1
9	4	3	1	5	8	6	2	7
1	5	2	7	3	6	8	4	9

Riddle time

I walk on four legs in the morning, two in the afternoon and 3 in the evening. What am I?

I can run but never walk, I have a mouth be never talk, I have a head but never weep, and a bed but never sleep. What am I?

Fortnightly newsletters



Just a reminder that all these newsletters can be found on our website www.rockdale.org.uk under 'About Us' – 'Residents' Report'.

They are password protected.

Password is 2020.

Click on the title below to open the 2019 Residents' Report.

This week's Quiz – 'Inventions'

1. Which people made the first real paper
2. Who invented the telephone
3. Who invented the Phonograph
4. Who was first to name the sandwich
5. What did Percy Shaw invent
6. What was purpose of Archimedes Screw
7. Outside which famous building were the first traffic lights
8. What was the name of the Soviet dog sent into orbit
9. What timekeeping device has no moving parts
10. Who invented the first mechanical calculating machine

Answers to 'What Animal'

- | | |
|---------------------|-------------|
| 1. African Elephant | 6. Bat |
| 2. Komodo Dragon | 7. Ostrich |
| 3. Human | 8. Sloth |
| 4. Koala | 9. Cheetah |
| 5. Sperm Whale | 10. Caribou |

***A weekly Quiz kindly provided by Sybil
(answers in the next newsletter)***

Helpful information ...

- **Home Help** slots are available, if you would like any shopping, washing and general cleaning done for you. Please contact The Lodge or speak to Leanne. Prices as follows:
1 hour £15.00
1.5 hours £21.50
2 hours £27.00
- **Paydens Pharmacy** in Sevenoaks are offering flu jabs by appointment only. If you would like to book an appointment to have a flu job, please call Paydens on 01732 454997.

Knole House (copied from Facebook page)

'From this week, we're pleased to say that where we have capacity on weekdays, we'll now be able to offer visitors who haven't pre-booked the opportunity to visit Knole the same day. Simply come along and speak to the team on the gate who will be able to issue tickets if they're available - perfect for a spontaneous visit to the showrooms, walk around the park, lunch in the Brewhouse Café or browse of the shop.

Pre-booking is the only guaranteed way to visit Knole, so if you can plan ahead, book here – www.nationaltrust.org.uk/knole/whats-on or call Knole on 01732 462100.

Picture taken by Judith, who recently visited beautiful National Trust, Scotney Castle with friends.

