

## WHAT'S ON during JULY 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				<b>1 10.00</b> Carpet Bowls <b>2.30</b> Whist/Bridge <b>3.00 AL</b> Up Words <b>6.45</b> Bingo	<b>2</b>  <b>2.30</b> SC Table Games <b>3.00 AL</b> Table Tennis	<b>3</b>
<b>4</b> <b>10.30</b> SC Coffee <b>2.30</b> Book Club <b>7.00</b> Table Tennis, Darts & Pool	<b>5</b> <b>2.30</b> Wimbledon Tea	<b>6</b> <b>9.45</b> Exercises <b>11.00 AL</b> Exercises <b>3.30</b> Church Service	<b>7</b>	<b>8 10.00</b> Carpet Bowls <b>10.30 AL</b> Resident Coffee <b>2.30</b> Whist/Bridge <b>3.00 AL</b> Up Words	<b>9</b> <b>2.30</b> SC Table Games <b>3.00 AL</b> Table Tennis	<b>10</b>
<b>11</b> <b>2.30 AL</b> Residents Tea <b>7.00</b> Table Tennis, Darts & Pool	<b>12</b> <b>9.45</b> Exercises <b>11.00 AL</b> Exercises <b>2.30</b> Residents Tea & quiz	<b>13</b> <b>2.30 AL</b> Mah Jong	<b>14</b> <b>9.30</b> Art Class <b>2.30</b> Circle Dancing with tea & biscuit	<b>15</b> <b>10.00</b> Carpet Bowls <b>2.30</b> Whist/Bridge <b>3.00 AL</b> Up Words <b>6.45</b> Bingo	<b>16</b> <b>2.30</b> SC Table Games <b>3.00 AL</b> Table Tennis	<b>17</b>
<b>18</b> <b>10.30</b> SC Coffee <b>3pm AL</b> Summer Picnic - see over <b>7.00</b> Table Tennis, Darts & Pool	<b>19</b> <b>2.30</b> Residents Tea	<b>20</b> <b>3.30</b> Church Service	<b>21</b> <b>9.45</b> Exercises <b>11.00 AL</b> Exercises	<b>22</b> <b>10.00</b> Carpet Bowls <b>10.30 AL</b> Resident Coffee <b>2.30</b> Whist/Bridge <b>3.00 AL</b> Up Words	<b>23</b> <b>2.30</b> SC Table Games <b>3.00 AL</b> Table Tennis	<b>24</b>
<b>25</b> <b>2.30 AL</b> Residents Tea <b>7.00</b> Table Tennis, Darts & Pool	<b>26</b> <b>9.45</b> Exercises <b>11.00 AL</b> Exercises <b>2.30</b> Residents Tea	<b>27</b> Eastbourne trip — see over <b>2.30 AL</b> Mah Jong	<b>28</b> <b>9.30</b> Art Class	<b>29</b> <b>10.00</b> Carpet Bowls <b>2.30</b> Whist/Bridge <b>3.00 AL</b> Up Words	<b>30</b> <b>2.30</b> SC Table Games <b>3.00 AL</b> Table Tennis <b>3.00</b> Summer Picnic - see over	

All events are held in Beatrice Wilson Common Room unless otherwise stated. **AL** = Akehurst Lane

**PTO for more information**

- Monday 18th July at 3pm** - Summer Picnic **AL** - cost £5.00
- Wednesday 27th July** - Day trip to Eastbourne. £35 for trip & lunch; £20 for coach trip only. Coach leaves **AL at 9.30am** and **Southpark at 9.45am**.
- Saturday 30th July at 3pm** - Summer Picnic - cost £5.00

## LOOKING AHEAD

- ⇒ **Thursday 25th August** - Rockdale Super Teams celebrating the Commonwealth Games. So, get yourself a partner and join in an afternoon of sporting activities.
- ⇒ **Saturday 3rd September** - Summer Ball - details to follow.