What's On - Rockdale House - May 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 10.30 – Exercises Main Lounge 2.00 – Craft Activity Room	2 10.00 – Scrabble Main Dining Room 2.00 – Rummy Activity Room	3 10.15 – Music with Grace Main Lounge Mobile Shop 2.00 – Special Interest Group 3.45 – Singing with Grace Garden Lounge	4 10.30-Birthdy Tea & Entertainment with Paul Main Lounge 2.00 – Games with Students	5 12.30 Street Party Main Dining Room 2.30 – Entertainment with Andrew Main Lounge	6 AM – King Charles Coronation Live on TV Main Lounge 2.00 Garden Club Patio	7 10.00- Scrabble Main Dining Room 2.15 – Communion Main Lounge
8 10.30- Exercises Main Lounge 2.00 – Royal Bingo Main Lounge	9 10.00- Scrabble Main Dining Room 2.00 – Painting Activity Room	10 10.15- Music with Grace Main Lounge MOBILE SHOP 2.00-Special Interest Group 3.45 Singing with Grace Garden Lounge	11 10.00 – What's in The News? Main Lounge 2.00 – Games with Students Main Lounge	12 10.30 – Exercises Cargill Dining Room 2.00 – Carpet Bowls Main Lounge	13 10.00- Brain Gym Main Lounge 2.00 – Garden Club Patio	14 10.00- Scrabble Main Dining Room 2.00 – Film Club Main Lounge
15 10.30- Exercises Main Lounge 2.00- Pampering Garden Lounge 2.15 - Communion Main Lounge	16 10.00 – Scrabble Main Dining Room 2.00 – Stepping Out (Irene will find you)	17 11.00- Resident's Meeting Main Lounge MOBILE SHOP 2.00 – Special Interest Group 3.45 Singing with Grace Garden Lounge	18 10.30 - Outing Puzzles - Main Lounge 2.00 - Film Club Main Lounge	19 10.30 – Exercises Cargill Dining Room 2.00 Entertainment with Paul Main Lounge	20 10.00 – Brain Gym Main Lounge 2.00-Garden Club Patio	21 10.00 -Scrabble Main Dining Room 2.00- Film club Main Lounge
10.30- Exercises Main Lounge 2.00 – Art Therapy Activity Room	23 10.00 – Scrabble Main Dining Room 2.00 – Stepping Out (Irene will find you)	24 10.15 -Music with Grace Main Lounge MOBILE SHOP 2.00-Special Interest Group 3.45 Singing with Grace Garden Lounge	25 Africa Day 10.00 – African Folk Stories Main Lounge 2.00 – Students African Art/Craft Activity Room	26 10.30 – Exercises Cargill Dining Room 2.15 – Carpet Bowls Main Lounge	27 10.00 – Brain Gym Main Lounge 2.00 – Garden Club Patio	28 10.00-Scrabble Main Dining Room 2.00- Film Club Main Lounge
29 10.30 – Exercises Main lounge 2.30 – Cream Tea Main Lounge	30 11.00 – Communion Main lounge 2.00 – Stepping Out (Irene will find you)	31 10.15 – Exercises Main lounge Mobile Shop 2.00-Flowering arranging Activity Room				

SUBJECT TO CHANGE

May 2023

MOBILE SHOP EVERY WEDNESDAY

Wednesday 3rd May – Chiropodist – Treatment Room

Thursday 4th May – Special Tea and Entertainment with Paul for Jean Shirreff's 100th Birthday – Main Lounge – 10.30am

Friday 5th May – Coronation Street Party – Main Dining Room – 12.30pm

Entertainment with Andrew Mace-Main Lounge-2.30pm

Saturday 6th May – King Charles Ill Coronation Live on TV with drinks & nibbles

Main Lounge – time to be announced.

Sunday 7th May – Communion – Main Lounge – 2.15pm

Wednesday 10th May – Fred Smith's Birthday

Sunday 14th May – Gabrielle Hunter's Birthday

Monday 15th May – Communion – Main Lounge 2.15pm

Wednesday 17th May – Resident's Meeting – Main Lounge – 11.00am

Thursday 18th May – Outing – Hever Castle Gardens

Friday 19th May – Entertainment with Paul – Main Lounge -2.00pm

Saturday 27th May – Joyce Meade's Birthday

Tuesday 30th May – Communion – Main Lounge – 11.00am