


WHAT'S ON during November 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 10.00 Indoor Bowls 11.00 AL Exercise 3.00 Exercise 3.00 AL Up Words 6.45 Bingo	2 2.30 Table Games 3.00 AL Table Tennis	3
4 10.30 Social Club Coffee 12.00 (BW) & 1.15 (AL) Autumn Lunch for MIND* 2.30 Book Club* 7.00 Table Tennis/Darts/Pool	5 9.45 Exercise 11.00 AL Exercise 2.30 Residents Tea & Quiz	6 10.00 Mobile Library 3.00 AL Christmas Crafts* 3.30 Church Service	7 9.30 Art Class 11.00 AL Exercise 3.00 Exercise	8 10.00 Indoor Bowls 10.30 AL Coffee 3.00 AL Up Words 3.00 Balderdash	9 2.30 Table Games 3.00 AL Table Tennis	10 6.00 Film Club
11 10.30 AL Residents Coffee 10.45 Remembrance 2.00 Christmas Crafts* 7.00 Table Tennis, Darts & Pool	12 2.30 Residents Tea, plus Pauline Rodger's charity parachute jump film & raffle.* 7.00 Private Booking	13 9.45 Exercise 11.00 AL Exercise 2.30 AL Mahjong 3.00 Balderdash	14 2.30 Music & Movement	15 10.00 Indoor Bowls 2.30 Bridge & Chess 3.00 AL Up Words 6.45 Bingo	16 2.30 Table Games 3.00 AL Table Tennis 6.30—late Sixties Night* 	17 3.00 Residents Tea
18 10.30 Social Club Coffee 2.00 AL Residents Meeting, then Mince pies & Xmas Tree decorating 7.00 Table Tennis Darts etc	19 2.00 Residents Meeting, followed by Residents Tea & Quiz	20 9.45 Exercise 11.00 AL Exercise 3.00 AL Christmas Crafts* 3.30 Church Service	21 9.30 Art Class 2.30 Forget-Me-Notes	22 9.45 Exercise 11.00 AL Exercise 2.30 Mince pies & Xmas Tree decorating* 3.00 AL Up Words	23 2.30 Table Games & Chess 3.00 AL Table Tennis	24 2.30 Knit & Natter
25 10.30 AL Residents Coffee 3.00 Rockdale Fashion Show* 7:00 Table Tennis, Darts & Pool	26 2.30 Residents Tea & pop up ear wax check plus a talk by Howdens Insurance *	27 2.30 AL Mahjong 10.30 Christmas Crafts* 3.00 Rockdale Singers	28 9.45 Exercise 2.00 Hearing Aid Clinic, NHS aids only (bring your NHS book) 6.30 Pub Quiz	29 10.00 Indoor Bowls 11.00 AL Exercise 3.00 Balderdash	30 2.30 Table Games 3.00 AL Table Tennis	

All events are held in Beatrice Wilson Common Room unless otherwise stated. **AL** = Akehurst Lane. * **PTO** for more information

~ Save the Dates ~

Monday 9th December, Rockdale Christmas Fayre

Please donate now for our tombola, craft and brick-a-brack stalls.

Tuesday 10th December, The Social Club invites you to a Sing-along With The Rockdale Singers!

Come along and enjoy singing some popular and Christmas songs ahead of Residents Tea.

Wednesday 18th December, The Pantry Christmas Lunch

Monday 23rd December, Rockdale Christmas Party

Glad rags at the ready...!

Don't forget!

Our Autumn Lunch in aid of MIND, Monday 4th November. £6.50 for a soup & pudding of your choice.

All places need to be booked & paid for by Thursday 31st October

A note in advance... The Pantry will be closed on Christmas Eve, Christmas Day, Boxing Day, New Year's Eve & New Year's Day. Full opening times will be included with the December What's On.

Monday 4th November, Book Club, 2.30pm, Library Room. Please note venue change (due to Autumn Lunch for MIND in BW).

Wednesday 6th & Wednesday 20th (AL) plus **Monday 11th & Wednesday 27th (BW) November, Christmas Crafts.** Come & make Christmas goodies. Times vary, please check front sheet.

Monday 11th November, Remembrance, 10.45am, BW. Please arrive in good time so that you are seated and settled ahead of 11am. Teas & coffees will be served post-Remembrance.

Tuesday 12th November, Residents Tea followed by an update & raffle from Pauline Rodger, 2.30pm, BW. Pauline will be telling us all about her recent parachute jump, and showing us the film of it too! There will also be a raffle of great prizes to help her reach her fundraising total. Bring your wallets... All proceeds go to The Children's Trust.

Saturday 16th November, Sixties Night, 6.30pm 'til late! BW The Social Club are pleased to announce that they have arranged another '60's Night. Singing, dancing and good times are obligatory! Please register your name in advance with the office.

Monday 18th (AL) & Tuesday 19th (BW) November, 2pm Residents Meetings. Bring your compliments and complaints to the management team and hear updates on the latest developments at Rockdale. Both meetings will be followed by ...

... **Mince pies & Christmas Tree Decorating, 2.30pm.** Enjoy tea and mince pies as you decorate the common room Christmas trees... (Monday 18th AL or Tuesday 19th BW).

Monday 25th November, Rockdale Fashion Show, from 2.30pm, BW. Rockdale has teamed up with SeaSalt Sevenoaks and Specsavers to bring you a very special fashion show with some very familiar faces on the catwalk! Featuring fabulous clothes, dazzling specs and Rockdale residents as models, this is an afternoon not to be missed! (Just watch out for the papparazi!). SeaSalt and Specsavers will also be displaying Christmas gift ideas and items to whet your fancy. The catwalk show is at 3pm.

Tuesday 26th November, Residents Tea followed by a talk on insurance by Howden's, BW (as requested by you at previous Residents Meetings!). From your flat to your car, find out what insurance you need - and why - from Howden's Insurance (based on Sevenoaks High Street).