



What's on – Rockdale House October 2025

SUBJECT TO CHANGE

		Wednesday 1 st	Thursday 2 nd	Friday 3 rd	Saturday 4 th	Sunday 5 th
		10am – Morning Exercises. 11am – Magic man. 2pm – Phil's sing a long. 3pm – Bingo	10am – Morning Exercises. 11am – hangman 2:45pm Volunteers	10am – Morning Exercises 11am – Arts & Crafts 2pm – Paul singer 3pm – Gardening.	11am – Snakes and ladders. 2pm – choice of games.	10am - Games 1:15pm - Songs of Praise 2pm - Film Club
Monday 6 th	Tuesday 7 th	Wednesday 8 th	Thursday 9 th	Friday 10 th	Saturday 11 th	Sunday 12 th
10am - Morning Exercises 11am – Games, Residents choice. 2pm – Guess in 10. 3pm (-1 lounge Carpet bowls) Skittles lounge.	10am – Morning Exercises with Molly 11am - Food committee meeting 1:30pm - Hand & foot massage. 3:30pm – Games.	10am – Morning Exercises 11am- Beetledrive 2pm - Tea & Cake (-3 Garden room and Carpet bowls).	10am – Morning Exercises 10.30 – Arts & Crafts & Mobile Shop 2pm – Circle Dancing. (BW)	10am – Morning Exercises 11am – Quiz. 1:30pm – baking club. 3:30pm – Xmas pudding	10am – Morning Exercises 11am – Games 2pm – Room visits. 3pm – Knit & Natter	10am - Games 2pm - Film Club
Monday 13 th	Tuesday 14 th	Wednesday 15 th	Thursday 16 th	Friday 17 th	Saturday 18 th	Sunday 19 th
10am – Morning Exercises 2pm – Quiz time 3:30pm – Flowers arranging.	10am – Exercise with Molly 11am – Guesing game. 2pm – Scrabble in Welcome room and games in M. lounge.	10am – Morning Exercises 11am – Residents Meeting. 2pm – Phil's Sing-along 3pm - Skittles time.	10am – Morning Exercises 11am – Play your cards right. 2pm Forget me notes (B.W).	10am – Morning Exercises 11am – Quiz 2pm – Rock & Roll Tim 4pm – Name that Tune	10am – Morning Exercises 11am – Games 2pm – Quiz.	10am – Games 2pm - Film Club
Monday 20 th	Tuesday 21 st	Wednesday 22 nd	Thursday 23 rd	Friday 24 th	Saturday 25 th	Sunday 26 th
10am – Morning Exercises 11am – Guest Who? lounge. Carpet Bowls. 2pm – Lets get arty Diwali celebration	10am – Morning Exercises with Molly 11am – Making Masks 2pm – Holy Communion Anne.	10am – Morning Exercises 11am – Bobs Quiz. 2pm – Tim talk. 3pm – Bingo (-1 lounge and main lounge).	10am – Morning Exercises 11am – Making halloween masks 2pm - Circle dance -RH.	10am – Morning Exercises 2pm – Carpet Bowls & Bowling. 3:30pm – Tea and cake (Garden room).	10am – Morning Exercises 11am – Snakes & Ladders 2pm – Target Games.	10am – Games 11:30am - Father Barry 2pm - Film Club
Monday 27 th	Tuesday 28 th	Wednesday 29 th	Thursday 30 th	Friday 31 st		
10am –Morning Exercise 11am - Arts & Crafts 2pm – Skittles time. 3pm – Games.	10am – Morning Exercises 11am – Carpet Bowls Garden Room. 2pm – NEW Coffee shop trip. Residents Choice	Morning exercises 11am – Halloween quiz 2pm Phil's sing a long 3:30pm – Play your cards right.	10am – Morning Exercises 10:30am – Word Wheel 2pm – Scary Film club	Morning exercises Scavenger Hunt 10 am Oakley School 11am Animal visit Paul singer & Best scary mask		