

What's on – Rockdale House in March 2026

SUBJECT TO CHANGE



Monday 9 th	Tuesday 10 th	Wednesday 11 th	Thursday 12 th	Friday 13 th	Saturday 14 th	Sunday 15 th
<p>10am - Exercises. 11am - Animal visit. 1:30pm – Music bingo 2:45pm – Oakley School visit.</p>	<p>10am – Molly exercises. 11am – Quiz round 1:30am – Active games 2:30pm – Who am I? 3:30pm – Singer Leona.</p>	<p>10am - Exercises. 11am – Skittles time. 2pm – True or False game. 3pm – Giant Word search</p>	<p>10am - Exercises. 11am – Wordwheel 2pm – Quiz 2pm Circle Dancing B.W 3pm – Bob Olgey Talk.</p>	<p>10am - Exercises 11am – Superstitions chat and quiz questions. 1:30pm – Film club 3pm – Paul singer.</p>	<p>10am – Exercises. 11am – Skittles. 1:30pm – Quiz 2:30pm – Snakes & ladders. 3:30pm – Pet Therapy dog Senna.</p>	<p>Mothers Day! 11am – Tea and cakes. 1:15pm - Songs of Praise 3pm – singer Mini.</p>
Monday 16 th	Tuesday 17 th	Wednesday 18 th	Thursday 19 th	Friday 20 th	Saturday 21 st	Sunday 22 nd
<p>10am - Exercises 11am – Quiz 2pm – Holy Communion 2:45pm – Oakley school visit. 3:45pm – Guess in 10</p>	<p>St. Patrick's Day 10am – Molly's exercise 11am – Resin art 1:30pm – Scrabble, games 2:30pm – Beetle drive. 3:30pm – Word wheel</p>	<p>10am – Exercises 11am – Skittles. 1:30pm – Phils sing-along. 3pm – Carpet Bowls 3.30 – Flower arranging.</p>	<p>10am – Exercises 10:30am – Film club. 1:30pm – Basketball 2pm – Forget me notes BW 2:30pm – Bob Quiz.</p>	<p>10am – Exercises. 11am – Bingo time. 1:30pm – Quiz round. 2:30pm – Carpet bowls 3pm - Bob Olgey Talk.</p>	<p>World Poetry Day! 10am – Morning Exercises. 11am – Residents choice of games. 2pm – Its all about poetry.</p>	<p>10am – Games 1:15pm - Songs of Praise 3pm – Film Club.</p>
Monday 23 rd	Tuesday 24 th	Wednesday 25 th	Thursday 26 th	Friday 27 th	Saturday 28 th	Sunday 29 th
<p>10am – Exercises. 11am – Mobile shop & Games 1:30pm – Active games 2:45pm – Oakley school.</p>	<p>10am – Molly's Exercises 11am – Show and tell 2pm – Guess Who? 3pm – Claire singer.</p>	<p>10am – Exercises 11am - Quiz 1:30pm – Bingo 3pm – Residents choice of games. 3:30pm – Biggin Hill Talk.</p>	<p>10am – Exercises. 11am – Show and tell 2pm – Circle dancing 3pm – Tims Talk.</p>	<p>10am – Exercises. 11am – Film Club Netflix series 3pm – Elvis has entered the building.</p>	<p>10am – Exercises. 11am – Games 2pm – Bingo 3pm – Film Club</p>	<p>10am – Games. 11am – Film club. 1:15pm - Songs of Praise</p>
Monday 30 th	Tuesday 31 st					
<p>10am – Exercises. 11am – Games. 2pm – Holy Communion 2:45pm – Oakley school</p>	<p>10am – Molly's exercises 11am – Skittles and Games. 1:30pm – Carpet bowls 3pm – Quiz</p>					